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Cold Weather Suits Boone County Water Rescue Training

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The Boone County Water Rescue Squad used Saturday's wintry conditions to train other departments from the Tri-state in winter water rescue techniques.

The training session was held at the water rescue headquarters in Boone County.

Students trained for a situation they hope they never have to face.

Lieutenant Larry Perkins, of Boone County Water Rescue, says the best advice is to call for help to save someone who's fallen into frigid waters.

Perkins says it's too risky for an amateur to attempt the rescue because they could become a victim as well.

Even students at the training session found themselves shivering in the cold waters.

Lt. Perkins says rescuers need to know some important tips about working in icy conditions.

In the first stage when a victims fall into the water they'll feel severe pain in the cold temperatures of the water.

After five or ten minutes in the water the victim will experience hypothermia as the body temperature drops.

After that stage, Perkins said the victim could drown or lose consciousness as his or her energy is sapped from the exposure to the extreme temperatures.

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**Lt. Larry Perkins, of Boone
County Water Rescue**
(WCPO/WCPO.com)



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